DIGESTION

FOOD TASTE LAB

1. Find a piece of cracker or saltine, put it on your tongue
2. Within seconds you should start to feel the cracker start to dissolve. That is the amylase, a digestive enzyme which breaks down the starch in the cracker
3. Place a small piece of cheese on your tongue. After 2o seconds, remove the cheese and look at it. Besides being wet, there should be no change. Since there is no starch in cheese, the amylase had nothing to break down



