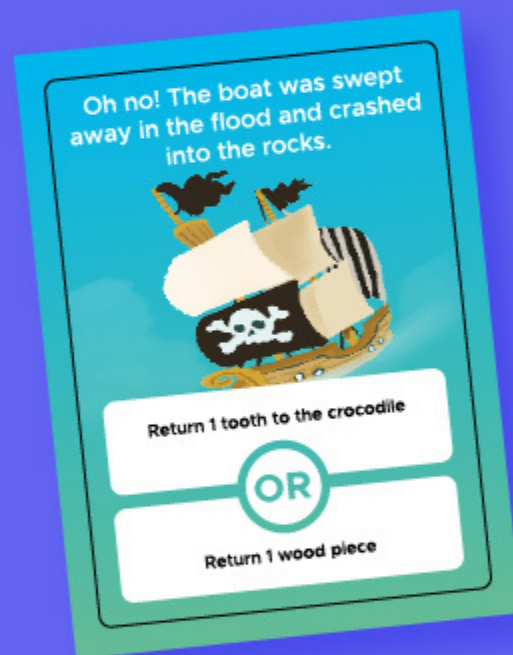


How to guide your child through making responsible decisions?



4 phrases to say while walking your child through the critical thinking process.

1

Identify all the options

“

Can you tell me what you are
trying to decide between?



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2

Weigh the Options/Create a Pros and Cons List

“

Can you tell me 3 things that you like
and dislike about each option?



3

Consider the Consequences:

“

What do you think might happen if you choose this option over the other options?



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4

Make your decision!

“

Think about everything we just talked about, do you know what decision you will make now?



What do you do when your kid is struggling to make a decision?

Share in the comments one thing that you do that helps!



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